

Activity 4

Gratitude

9/11

3RD THROUGH 5TH GRADE

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| Goals | <ul style="list-style-type: none"> Define “gratitude.” Write two examples of someone they are grateful for. |
| Standards | <ul style="list-style-type: none"> CCSS.ELA-Literacy.W.3-5.4 CCSS.ELA-Literacy.W.3-5.5 CCSS.ELA-Literacy.L.3-5.2 CCSS.ELA-Literacy.SL.3-5.4 |
| Materials | <ul style="list-style-type: none"> Journal: Gratitude printable |
| Preparation | <ul style="list-style-type: none"> Print a copy of Journal: Gratitude printable for each student. |
| Background | <ul style="list-style-type: none"> Tell students that 9/11 Day is a national day of service, which means helping or doing things for other people. It is also a day of remembrance, when we honor the thousands of people who died in a series of events on September 11, 2001. Point out that after 9/11, people did kind things for each other and served their communities together. Point out that people were very thankful for the kind things that others did for them during this time. |
| Introduction | <ul style="list-style-type: none"> Write the word “thankful” on the board. Underline the root word “thank” in one color and the suffix “-ful” in another color as you point out that to be thankful is to be full of thanks. Ask students if they can think of a synonym for “thankful” that ends with the same suffix, explaining as needed that a synonym is a word that means the same thing as another word. Guide students to “grateful” with clues and hints, if necessary. Write that word on the board too. Share a definition of “grateful.” Being grateful means feeling thankful for the people, experiences, and things that make your life better. Ask volunteers to share one thing or person they feel grateful for. Tell students that we can feel grateful, and we can also show we are grateful. When we show or say that we are thankful or grateful, we are showing our gratitude. Point out that one way we can show gratitude by saying “thank you.” |
| Activity | <ul style="list-style-type: none"> Have students reflect in their journals by using the Journal: Gratitude printable to write about two people whose good deeds the student is thankful for. Ask volunteers to share one of their entries as time permits. |



Name _____ Date _____

Journal: Gratitude

Write about two people you are grateful for. Explain why you are grateful for each one in as much detail as possible.

One person I am grateful for is _____.

I am grateful to this person because _____

Another person I am grateful for is _____.

I am grateful to this person because _____
